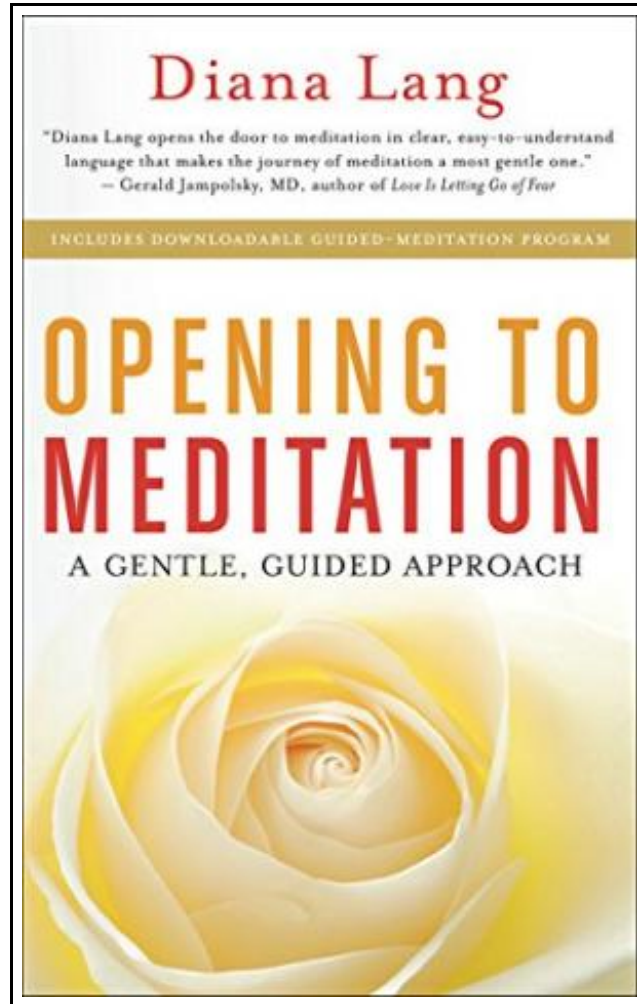


## Opening to Meditation: A Gentle, Guided Approach



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***(Angela Kuhn)***

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