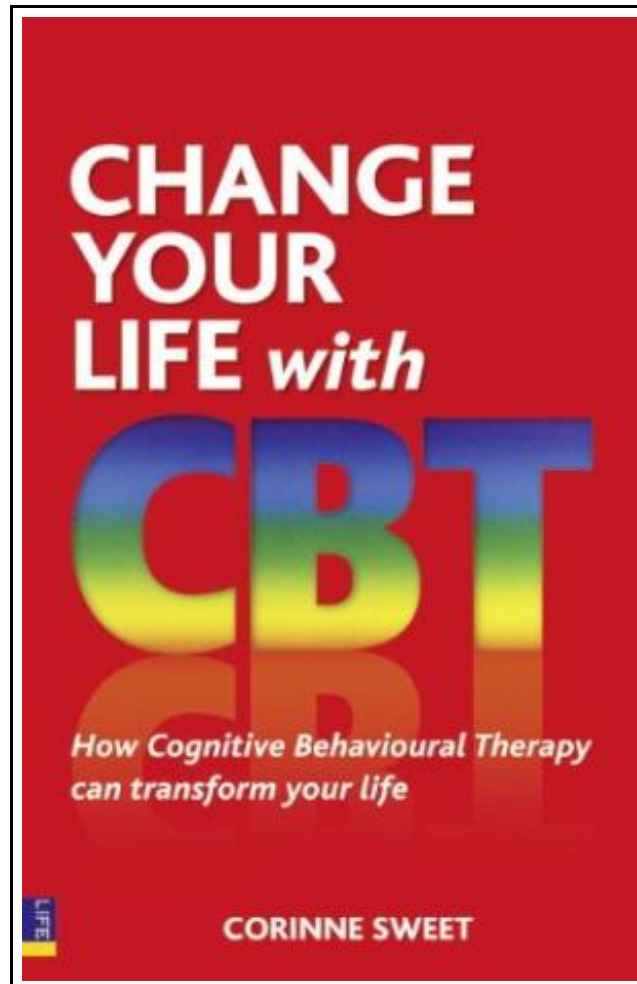


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CHANGE YOUR LIFE WITH CBT: HOW COGNITIVE BEHAVIOURAL THERAPY CAN TRANSFORM YOUR LIFE



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