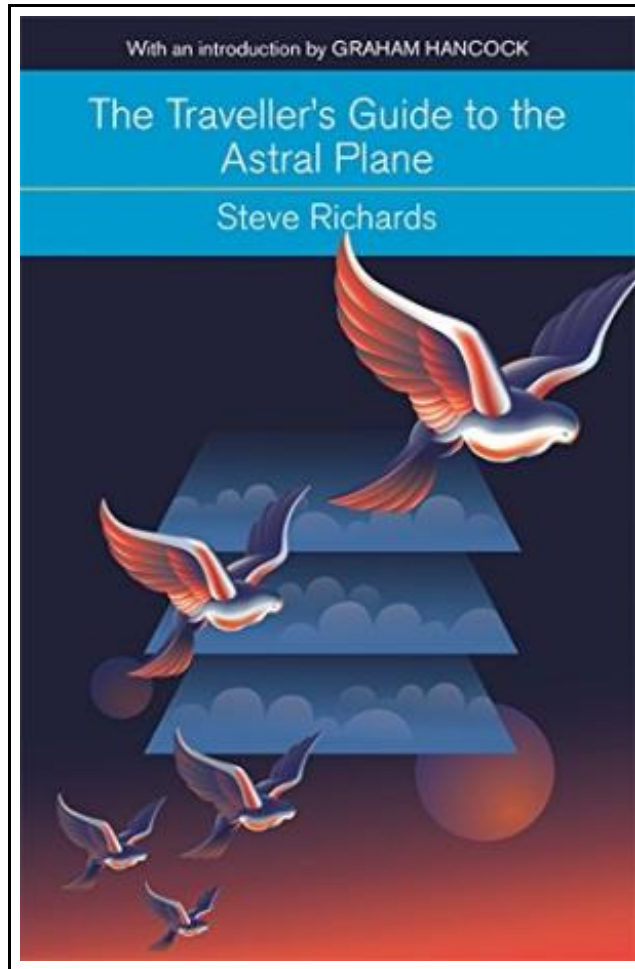


# The Traveller's Guide to the Astral Plane: The Secret Realms Beyond the Body and How to Reach Them with an Introduction by Graham Hancock



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*An exceptional publication as well as the font employed was exciting to see. it was actually writtern extremely flawlessly and helpful. Once you begin to read the book, it is extremely difficult to leave it before concluding.*




*(Dominic Collins)*

## **THE TRAVELLER'S GUIDE TO THE ASTRAL PLANE: THE SECRET REALMS BEYOND THE BODY AND HOW TO REACH THEM WITH AN INTRODUCTION BY GRAHAM HANCOCK**



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Hodder & Stoughton General Division. Paperback. Book Condition: new. BRAND NEW, The Traveller's Guide to the Astral Plane: The Secret Realms Beyond the Body and How to Reach Them with an Introduction by Graham Hancock, Steve Richards, 'This is a ghost train of a book, sometimes frightening, sometimes lurid but what it reveals is always entertaining.' - Graham Hancock Drawing on a fascinating array of material, both eastern and western, Steve Richards presents a unique panoramic view of the hidden or 'astral reality' -- the essential features of the astral landscape, the many facets of astral experience and how to embark on a never-to-be-forgotten journey of exploration beyond the body. Subjects covered include: - Suspended animation - Near death experiences - Astral sex - Heaven and hell - Astral meditation This is a delightful introductory text to an area of perennial interest. It is filled with amazing stories of out-of-body experiences from both past and present. It is also a primer to astral travel, providing the basics to readers interested in leaving the body for journeys beyond it.

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