

Skinny Suppers



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Paperback. Book Condition: New. Not Signed; Good Housekeeping recipes tick all the boxes - They look great They taste delicious They're easy to make Now, learn how to be a clever cook with this amazing new cookery series. Each Good Housekeeping low-calorie recipe - triple-tested for perfect results - is guaranteed to stand the test of your occasion, be it a hassle-free family meal or a saintly weekend treat. Packed with good old favourites, tasty new ideas, save money, time and effort tips, up-to-date nutritional breakdown including protein and fibre, and savvy advice throughout, it couldn't be easier to make flavoursome, nutritious food for every day. Other titles in the Good Housekeeping series include Super Soups, Wonderful One-Pots, Home Takeaway, Cupcake O'Clock, Meals for Me and You, Easy Peasy Meals, Al Fresco Eats, Let's Do Brunch, Cheap Eats, Gluten-free and Easy, Low Fat Low Cal, Salad Days, Posh Nosh, Party Food, Flash in the Pan, Roast It, Great Veg and Slow Stoppers Word count: 17,000. book.



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