



99 maneras de ser feliz

By Kerstin, Gottfried

Océano Ámbar, S.A., 2006. soft. Book Condition: New. A menudo, ensombrecemos nuestra existencia pensando en cómo podría ser nuestra vida si. . . Esperamos que sucedan cosas que nos saquen del letargo y, mientras tanto, cerramos los ojos a las pequeñas maravillas del mundo cotidiano. Este manual reúne 99 propuestas orientadas a despertar al optimismo y a la plenitud.



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